#### SRI SIDDHARTHA ACADEMY OF HIGHER EDUCATION

(DEEMED TO BE UNIVERSITY Declared under section 3 of the UGC act, 1956)





# SRI SIDDHARTHA MEDICAL COLLEGE

[Constituent College of SSAHE] Agalakote, B.H. Road, Tumkur - 572107. (Recognized by the National Medical Council)

SPINKUR SPINGOR

□ 0816-2278867 Fax: 0816-2275210, Pri: 2255045

e-mail:info@ssmctumkur.org website: ssmctumkur.org

### REPORT OF

## THE CME / WORKSHOP / CONFERENCE / MEETINGS / SPORTS & CULTURALS

S.no.	Particulars		
1	Activity Registration Number	SSAHE250035	
2	Department	Administration / Psychiatry	
3	Date/s of activity conducted	24 <sup>th</sup> September 2025	
4	Type of the activity	Awareness Camp	
5	Title of the activity	Mental Health Screening for ANC Women	
6	Number of participants	02	
7	Budget	00	

## Report:

A health camp programme was organized on 24rd September 2025 at a primary health center, Kyathsandra, focusing on mental health screening among antenatal women as part of the Swasth Nari Shashakt Parivaar Abhiyan. The initiative was conducted with the objective of promoting early detection and management of mental health concerns during pregnancy. The camp included individual face to face interviews and counselling sessions tailored to the needs of expectant mothers. The initiative garnered positive response, providing a platform for early identification of psychological concerns, sensitization of expectant mothers and families and promotion of supportive care. The program not only enhanced awareness but also emphasized the importance of integrating mental well-being into routine antenatal care, thereby contributing to healthier mothers and stronger families.

# Geo-tagged photos:











Date: 11/10/2025

Signature of the Organizing Chairman / HOD / PRINCIPAL

PRINCIPAL

Sri Siddhartha Medical College Agalakote, B.H. Road, Tumkur.

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#### REPORT OF

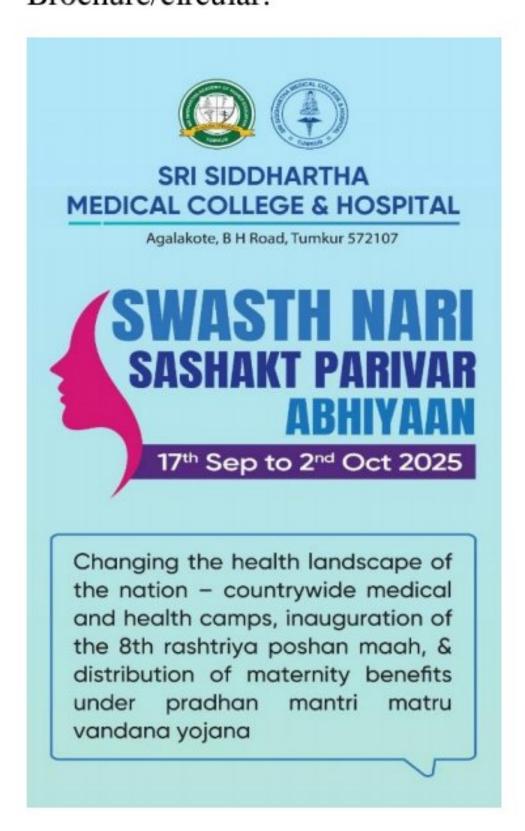
## THE CME / WORKSHOP / CONFERENCE / MEETINGS / SPORTS & CULTURALS

Sr. no	Particulars		
1	Activity Registration Number	SSAHE250035	
2	Department	Administration / Psychiatry	
3	Date/s of activity conducted	23 <sup>rd</sup> September 2025	
4	Type of the activity	Seminar	
5	Title of the activity	Awareness on Women's Mental Health/Stress Management to SSMC PG girl students	
6	Number of participants	38	

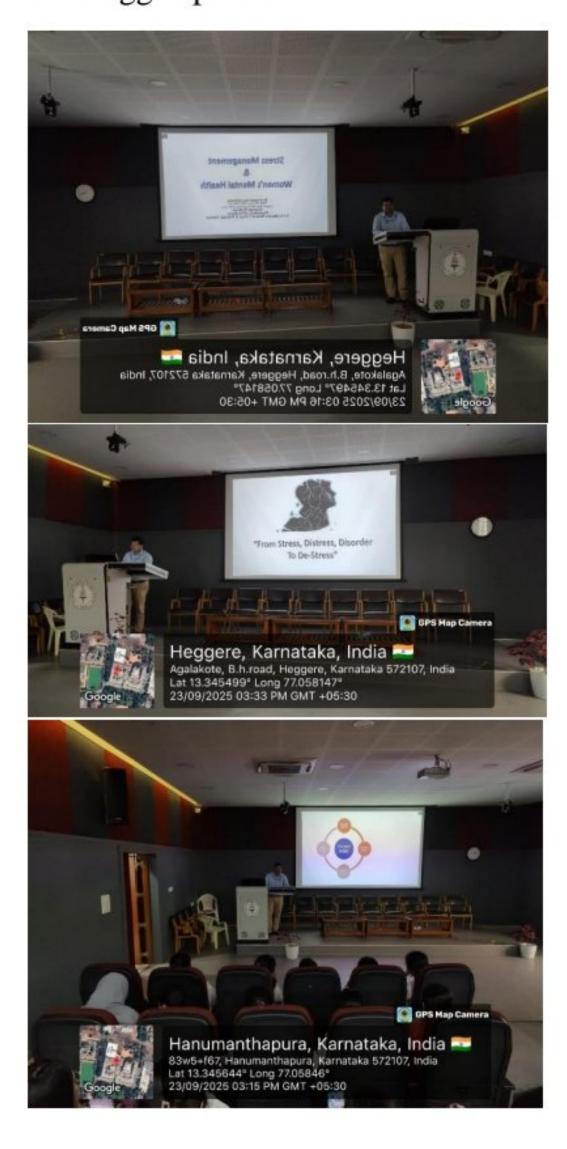
## Report:

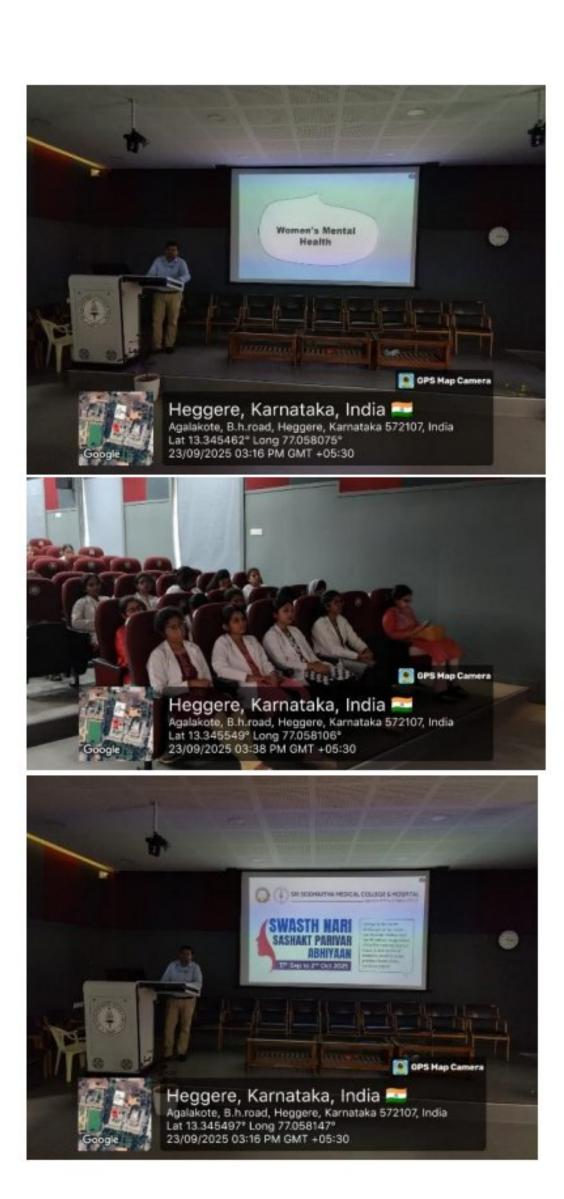
A seminar was organized on 23rd September 2025 at Nagarjuna Hall as part of the Swasth Nari Shashakt Parivaar Abhiyaan on the topic of "Awareness on Women's Mental Health/Stress Management to SSMC PG girl students". The talk was given by Dr. Somesh A. P. - Asst. Prof. to 38 participants. It received rapt attention and warm applause from all those present. This was followed by a chance to ask any questions that they might have.

## Brochure/circular:



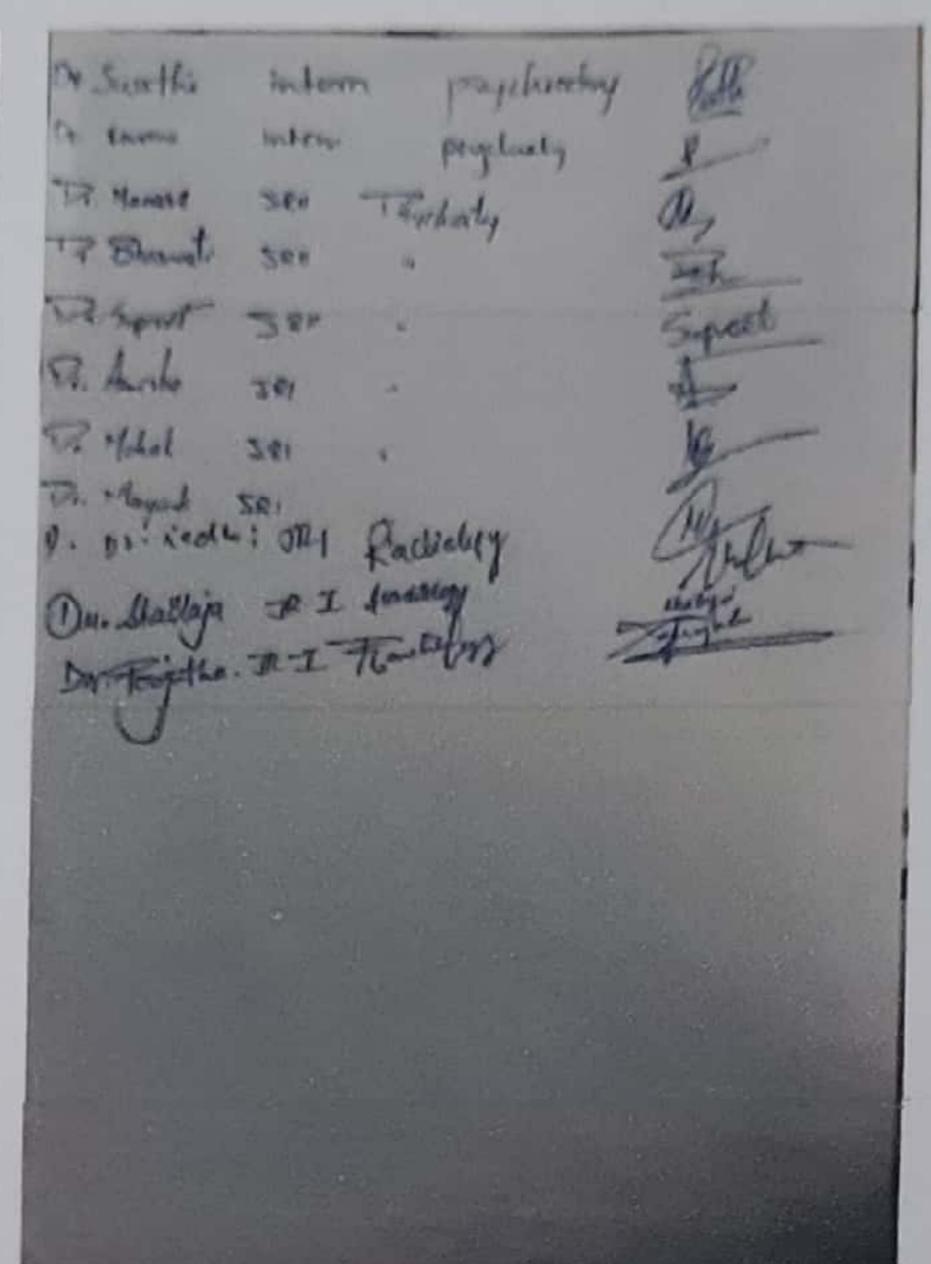
## Geo-tagged photos:





# List of participants/attendance:

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Date: 11/10/2025

Signature of the Organizing Chairman / HOD / PRINCIPAL

PRINCIPAL

Sri Siddhartha Medical College Agalakote, B.H. Road, Tumkur.