



SRI SIDDHARTHA ACADEMY OF HIGHER EDUCATION
(DEEMED TO BE UNIVERSITY Declared under section 3 of the UGC act, 1956)

Accredited **A⁺** Grade by NAAC

SRI SIDDHARTHA MEDICAL COLLEGE

[Constituent College of SSAHE] Agalakote, B.H. Road, Tumkur - 572107.
(Recognized by the National Medical Council)



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REPORT OF

THE CME / WORKSHOP / CONFERENCE / MEETINGS / SPORTS & CULTURALS

S.no.	Particulars	
1	Activity Registration Number	SSAHE250523
2	Department	Psychiatry
3	Date/s of activity conducted	09 to 11/02/2026
4	Type of the activity	Workshop
5	Title of the activity	Non Invasive Brain Stimulation of Psychiatric Disorders
6	Number of participants	01

Report:

A workshop on Non Invasive Brain Stimulation of Psychiatric Disorders was conducted at NIMHANS, Bengaluru from 09 to 11/02/2026 and attended by Dr. Harshitha G.S. – Asst. Prof.

List of participants/attendance: Dr. Harshitha G.S. – Asst. Prof.

Copy of certificate:



Workshop on Non-Invasive Brain Stimulation of Psychiatric Disorders

CERTIFICATE

Faculty
Prof. Jagadisha Thirthalli
Prof. G Venkatasubramanian
Prof. Muralidharan Kesavan
Prof. Preeti Sinha
Prof. Shyam Sundar Arumugham
Prof. Urvakhsh M Mehta
Dr. V S Sreeraj
Dr. Srinivas Balachandar
Dr. Jayant Mahadevan
Dr. Venkata Lakshmi Narasimha
Department of Psychiatry NIMHANS, Bengaluru.

This is to certify that **Dr Harshitha G S** participated in the Hands-on Training Workshop on Non-Invasive Brain Stimulation, organised by the Department of Psychiatry at NIMHANS, Bengaluru, India, between 09.02.2026 and 11.02.2026.

The course was of a two-and-a-half-day's duration, and focused on hands-on practical demonstration and training in Electroconvulsive Therapy (ECT), repetitive Transcranial Magnetic Stimulation (rTMS) and Transcranial Electrical Stimulation (tES).

In this workshop, the participants were trained in the following aspects:

ECT:

1. ECT electrode placement
2. EEG monitoring of ECT sessions
3. Altering ECT stimulation parameters, including amplitude, width and frequency of brief pulses
4. Cognitive adverse effects of ECT and its monitoring

rTMS:

1. Introduction to TMS principles
2. Conventional and patterned rTMS protocols
3. Motor threshold calculation
4. Setting up of rTMS stimulation parameters

tES:

1. Basic principles of administration of tDCS and HD-tDCS
2. Theory of tDCS protocols
3. Familiarization with conventional tDCS application

This certificate is awarded to the participant after he/she obtained a score of >50% in the test conducted at the end of the course.
If you have any questions or concerns regarding this person's participation, please contact me at the address below.

Jagadisha

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Professor & Head
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Date: 02-03-2026

Signature of the Organizing Chairman / HOD / PRINCIPAL

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