



SRI SIDDHARTHA ACADEMY OF HIGHER EDUCATION

(DEEMED TO BE UNIVERSITY Declared under section 3 of the UGC act, 1956)

Accredited A⁺ Grade by NAAC

SRI SIDDHARTHA MEDICAL COLLEGE

[Constituent College of SSAHE] Agalakote, B.H. Road, Tumkur – 572107.

(Recognized by the National Medical Council)

e-mail:info@ssmctumkur.org website: ssmctumkur.org



REPORT OF

THE CME / WORKSHOP / CONFERENCE / MEETINGS / SPORTS & CULTURALS

sl.no	Particulars	
1	Activity Registration Number	SSAHE261584
2	Department	OBG
3	Date/s of activity conducted	04/07/26
4	Type of the activity	Quiz for Postgraduates
5	Title of the activity	No Pause at Menopause
6	Number of participants	15

Report: On 4TH JULY 2026 ,The Department of Obstetrics and Gynaecology at **Shridevi Institute of Medical Sciences and Research Hospital** successfully conducted a Continuing Medical Education (CME) programme titled "**No Pause at Menopause**", bringing together postgraduate students and faculty for an engaging academic event focused on evidence-based menopause care.

One of the highlights of the programme was the **Postgraduate Quiz Competition**, which witnessed enthusiastic participation from PG residents. The competition tested participants on various aspects of menopause, including physiology, hormone replacement therapy, osteoporosis, cardiovascular health, and current clinical guidelines.

Dr. Deepashree emerged as the **First Prize Winner**, demonstrating exceptional academic knowledge, confidence, and clinical reasoning throughout the competition. What particularly distinguished her performance was her remarkable speed and accuracy in responding to questions. She consistently delivered the **fastest correct answers**, earning appreciation from both the quiz moderators and the audience. The quiz competition was a fitting conclusion to an enriching CME programme, encouraging healthy competition, lifelong learning, and excellence in postgraduate medical education.

**FOGSI
REACH CME**



No Pause at Menopause

Date: 4th July, 2026

Venue: Auditorium, 3rd floor, Shridevi Institute of Medical Sciences & Research Hospital

Organised by: **Tumkur O & G Society**



Dr. Bhaskar Pat
President, FOGSI



Dr. Suvarna Khadilkar
Secretary General, FOGSI



Dr. Anju Soni
Vice President, FOGSI



Dr. Basab Mukherjee
National Co-Ordinator



Dr. Seetha Ramamurthy Pal
National Convenor



Dr. Poushali Sanyal
National Convenor



Dr. Bidisha Roychoudhury
National Convenor



Dr. Archana Dwivedi
Committee Chairperson



Dr. Rajendra Nagarkatti
National Coordinator
Module (Menopause)



Dr. Basavaraju
President, Tumkur Society



Dr. Jeevan
Secretary, Tumkur Society

**2
Credit
Point**

Time	Session	Speaker	Chairpersons
04:00 – 04:15 PM	Welcome Address	President, TSOG	-
04:15 – 04:45 PM	Menopause – Diagnosis / Lifestyle Management / MRS Scale / STRAW	Dr. Indira Shivanand	Dr. Durgadas Asranna, Dr. Girija Sanjay
04:45 – 05:15 PM	MHT-Menopause Hormone Therapy	Dr. Revathi Janakiraman	Dr. Durgadas Asranna, Dr. Girija Sanjay
05:15 – 05:45 PM	Inauguration		
05:45 – 06:15 PM	Quiz for Post Graduates and KAP		
06:15 – 06:45 PM	Non Hormonal Management	Dr. Rekha Rajendrakumar	Dr. Anasuya, Dr. Nagesh
06:45 – 07:15 PM	Genitourinary Syndrome of Menopause	Dr. Rekha Gurmurthy	Dr. Anasuya, Dr. Nagesh
07:15 – 08:00 PM	Panel Discussion Menopause: A Multidisciplinary Approach – Common Clinical Case Scenarios	Moderator: Dr. Sowmya G	Panelists: Dr. Sheetal B Rao, Dr. Suresh S, Dr. Shridhar Ramadasu, Dr. Suha Riyaz, Dr. Madhushree R G, Dr. Shalini N

Followed By dinner

Academic Partner



Photos:



List of participants/ attendance: 15

Date: 04/07/26

Indira H
PROFESSOR & HOD
DEPT. OF OBG
Sri Siddhartha Medical College & Hospital
TUMKUR - 572107

Signature of the Organizing Chairman / HOD / PRINCIPAL