



SRI SIDDHARTHA ACADEMY OF HIGHER EDUCATION

(DEEMED TO BE UNIVERSITY Declared under section 3 of the UGC act, 1956)

Accredited **A⁺** Grade by NAAC

SRI SIDDHARTHA MEDICAL COLLEGE

[Constituent College of SSAHE] Agalakote, B.H. Road, Tumkur – 572107.

(Recognized by the National Medical Council)

e-mail: info@ssmctumkur.org website: ssmctumkur.org



REPORT OF

THE CME / WORKSHOP / CONFERENCE / MEETINGS / SPORTS & CULTURALS

sl.no	Particulars	
1	Activity Registration Number	SSAHE261588
2	Department	OBG
3	Date/s of activity conducted	4/07/26
4	Type of the activity	CME
5	Title of the activity	CME on "NO Pause at Menopause"
6	Number of participants	50

Report: The **FOGSI REACH CME – "No Pause at Menopause,"** organized by the Tumkur Obstetrics & Gynaecology Society (TSOG) on **4th July 2026**, was a highly informative academic programme that brought together experts to discuss current evidence-based approaches to menopausal care. A major highlight of the event was the invited lecture by **Dr. Indira H, Professor and Head, Department of Obstetrics & Gynaecology, Sri Siddhartha Medical College**, on "**Menopause – Diagnosis, Lifestyle Management, MRS Scale and STRAW**," for which she was felicitated in recognition of her valuable academic contribution. The programme also featured insightful sessions on menopause hormone therapy, non-hormonal management, genitourinary syndrome of menopause, and an interactive multidisciplinary panel discussion. Adding to the achievements of Sri Siddhartha Medical College, **Dr. Deepashree, JR-2**, secured **First Prize** in the postgraduate quiz competition through her exceptional knowledge and quick responses, making the event a proud academic milestone for the institution.

Boucher/ circular:

Reinventing Excellence Across Clinical Horizon






No Pause at Menopause

Date: 4th July, 2026
Venue: Auditorium, 3rd floor, Shridevi Institute of Medical Sciences & Research Hospital

Organised by: Tumkur O & G Society


Dr. Bhaskar Pal
President, FOGSI


Dr. Suvama Khadilkar
Secretary General, FOGSI


Dr. Anju Soni
Vice President, FOGSI


Dr. Basab Mukherjee
National Co-Ordinator


Dr. Seetha Ramamurthy Pat
National Convenor


Dr. Poushali Sanyal
National Convenor


Dr. Bidisha Roychoudhury
National Convenor


Dr. Archana Dwivedi
Committee Chairperson


Dr. Rajendra Nagarkatti
National Coordinator
Module (Menopause)


Dr. Sasavaraju
President, Tumkur Society


Dr. Jeevan
Secretary, Tumkur Society



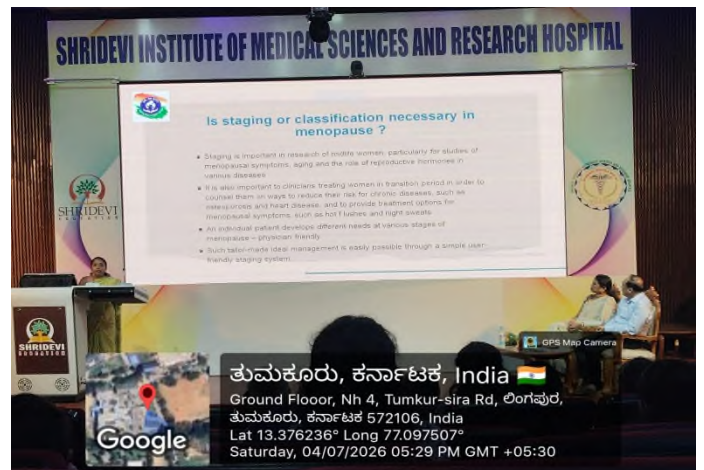
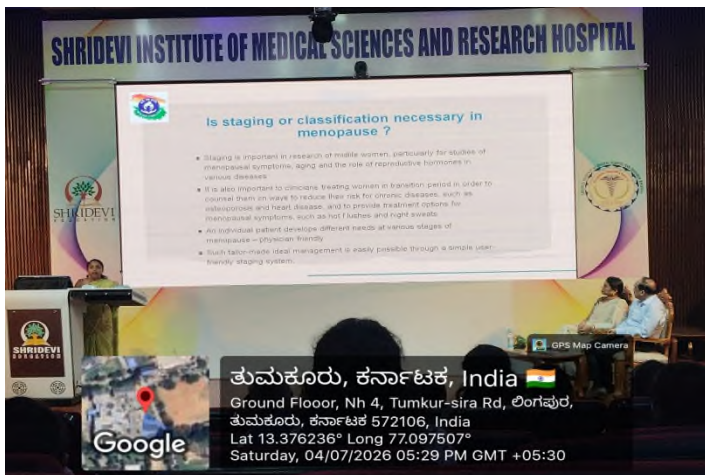
Time	Session	Speaker	Chairpersons
04:00 – 04:15 PM	— Welcome Address —	President, TSOG	-
04:15 – 04:45 PM	Menopause – Diagnosis / Lifestyle Management / MRS Scale / STRAW	Dr. Indira Shivanand	Dr. Durgadas Asranna, Dr. Girija Sanjay
04:45 – 05:15 PM	MHT-Menopause Hormone Therapy	Dr. Revathi Janakiraman	Dr. Durgadas Asranna, Dr. Girija Sanjay
05:15 – 05:45 PM	— Inauguration —		
05:45 – 06:15 PM	— Quiz for Post Graduates and KAP —		
06:15 – 06:45 PM	Non Hormonal Management	Dr. Rekha Rajendrakumar	Dr. Anasuya, Dr. Nagesh
06:45 – 07:15 PM	Genitourinary Syndrome of Menopause	Dr. Rekha Gurumurthy	Dr. Anasuya, Dr. Nagesh
07:15 – 08:00 PM	— Panel Discussion — Menopause: A Multidisciplinary Approach – Common Clinical Case Scenarios	Moderator: Dr. Sowmya G	Panelists: Dr. Sheetal B Rao, Dr. Suresh S, Dr. Shridhar Ramadasu, Dr. Suha Riyaz, Dr. Madhushree R G, Dr. Shalini N

— Followed By dinner —

Academic Partner



Geotagged photos:





List of participants/ attendance: 88

Date: 04/07/26

Signature of the Organizing Chairman / HOD / PRINCIPAL

Indira H
PROFESSOR & HOD
DEPT. OF OBG
 Sri Siddhartha Medical College & Hospital
 TUMKUR - 572107