



SRI SIDDHARTHA ACADEMY OF HIGHER EDUCATION

(Deemed to be University Declared under Section 3 of the UGC Act, 1956)

Accredited 'A+' Grade by NAAC

SRI SIDDHARTHA DENTAL COLLEGE & HOSPITAL

Agalakote, B.H. Road, Tumkur - 572107, Karnataka

Recognised by Dental Council of India, New Delhi

A Constituent College of Sri Siddhartha Academy of Higher Education (Deemed to be University)

Web : www.ssdctumkur.org

Email: ssdctumkur@gmail.com



DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE

VALUE ADDED COURSE

CIRCULAR

Date: 23/09/2025

ARN: SSAHE250038

A value added course is being conducted between 23/09/2025- 27/09/2025 at SSDC, Tumkur by the department of Prosthodontics on the topic of 'Dental Ergonomics. 2nd BDS Undergraduate students are requested to attend the aforementioned program.

Signature of HOD

Dept of Prosthodontics

PROF., & H.O.D

Department of Prosthodontics
Crown and Bridge

SRI SIDDHARTHA DENTAL COLLEGE
AGALAKOTE, B. H. ROAD, TUMKUR-572107

Dr Praveen B Kudva

Principal/IQAC Chairperson

SSDC, Tumkur



PRINCIPAL
Sri Siddhartha
Dental College and Hospital
Agalakote, Tumakuru - 572 107



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DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE

VALUE ADDED COURSE

ARN: SSAHE250038

Date: 29/09/2025

REPORT

Value added course on dental ergonomics was conducted by Department of Prosthodontics and Crown and Bridge structured for 2 nd year B.D.S students from 23/09/2025- 27/09/2025.

The program was conducted for 5 days which included lectures, video demonstrations, preclinical demonstrations, and work station set-ups, clinical demonstrations of various procedures in dentistry like operative, exodontia, and periodontal instrumentation. Each demonstration was followed by hands-on, live interactions and question and answer sessions were included in the program.

The course covered the topics such as awareness of ergonomics, risk factors and musculoskeletal disorders, which is major cause of early retirement in dentist. Types of MSDS, signs and symptoms of MSDS, risk factors, early treatment of MSDS, intervention for prevention, work Station planning, ideal postures, patient positioning, hand instrumentation, delivery system, lighting and magnification

The resource persons for the program were -Dr Raghavendra Prasad S, Dr Padmaja S, Dr Chetana K, Dr Neelanjali Mathpati, Dr K Anusha Ravindra, DrSharon Abraham, Dr.Ruyina Asma. The program evidenced complete participation of the entire batch of II B.D.S students.

Signature of HOD

Dept of Prosthodontics

PROF., & H.O.D

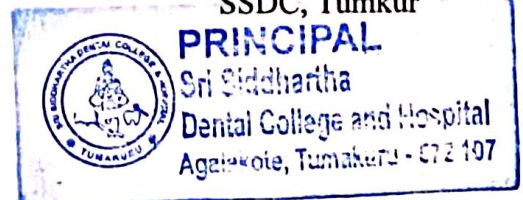
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FEEDBACK FORM

Rating values:

a) Poor =1 b) Average=2 c) Good=3 d) Very good =4 e) Excellent=5

Please Circle the answer which most closely corresponds to your views about each statement

1. Department: Prosthodontics and Crown and Bridge
2. Topic: Dental Ergonomics
3. How well this value added course helped to in terms of following statements

Sl. No.	COURSES	EXCELLENT	VERY GOOD	GOOD	AVERAGE	POOR
1	Learning value (in terms of skills, concepts, knowledge, analytical abilities, broadening perspectives)	✓				
2	Applicability or relevance to real life situations	✓				
3	Depth and pace of the course content	✓				
4	Teaching method used	✓				
5	Overall rating of the value added course	✓				

Thank you for your valuable feedback



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DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE

VALUE ADDED COURSE

ARN: SSAHE250038

Date: 23-27/09/2025

Presenter Name : Dr.Raghavendra Prasad S, Dr.Padmaja S, Dr.Chetana K, Dr.Neelanjali Mathpati,
Dr.K.Anusha.Ravindra, Dr.Sharon Abraham, Dr.Ruyina Asma

List of 2nd BDS Students

SI No	University Reg. No	Name of the student	23/9/25	24/9/25	25/9/25	26/9/25	27/9/25
1	24SD1001	AAMINA TASKEEN	<i>Aamini</i>	<i>Aamini</i>	<i>Aamini</i>	<i>Aamini</i>	<i>Aamini</i>
2	24SD1002	ANANYA . N	<i>Ananya</i>	<i>Ananya</i>	<i>Ananya</i>	<i>Ananya</i>	<i>Ananya</i>
3	24SD1003	ASHUTOSH RANJAN	<i>Ashu</i>	<i>Ashu</i>	<i>Ashu</i>	<i>Ashu</i>	<i>Ashu</i>
4	24SD1004	BENISON VARGHESE	<i>Benison</i>	<i>Benison</i>	<i>Benison</i>	<i>Benison</i>	<i>Benison</i>
5	24SD1005	CHANDANA Y	<i>Chandana</i>	<i>Chandana</i>	<i>Chandana</i>	<i>Chandana</i>	<i>Chandana</i>
6	24SD1006	CHINNAPUREDDY ABHINAYA	<i>Abhinaya</i>	<i>Abhinaya</i>	<i>Abhinaya</i>	<i>Abhinaya</i>	<i>Abhinaya</i>
7	24SD1007	CHIRAG YADAV	<i>Chirag</i>	<i>Chirag</i>	<i>Chirag</i>	<i>Chirag</i>	<i>Chirag</i>
8	24SD1008	CHIRANTHAN S S	<i>Chiranthan</i>	<i>Chiranthan</i>	<i>Chiranthan</i>	<i>Chiranthan</i>	<i>Chiranthan</i>
9	24SD1009	D SIDDHARTHA	<i>D Sidhartha</i>	<i>D Sidhartha</i>	<i>D Sidhartha</i>	<i>D Sidhartha</i>	<i>D Sidhartha</i>
10	24SD1010	DEEPIKA N	<i>Deepika</i>	<i>Deepika</i>	<i>Deepika</i>	<i>Deepika</i>	<i>Deepika</i>
11	24SD1012	INCHARA K M	<i>Inchara</i>	<i>Inchara</i>	<i>Inchara</i>	<i>Inchara</i>	<i>Inchara</i>
12	24SD1013	IQRA IRAM	<i>Iqra</i>	<i>Iqra</i>	<i>Iqra</i>	<i>Iqra</i>	<i>Iqra</i>
13	24SD1014	JYOTI .V. MURTENAVAR	<i>Jyoti</i>	<i>Jyoti</i>	<i>Jyoti</i>	<i>Jyoti</i>	<i>Jyoti</i>
14	24SD1015	JYOTISHMAN BHATTACHARJEE	<i>Jyotishman</i>	<i>Jyotishman</i>	<i>Jyotishman</i>	<i>Jyotishman</i>	<i>Jyotishman</i>
15	24SD1016	KALWA SAHASRA	<i>Kalwa</i>	<i>Kalwa</i>	<i>Kalwa</i>	<i>Kalwa</i>	<i>Kalwa</i>
16	24SD1017	KANAK CHOUDHARY	<i>Kanak</i>	<i>Kanak</i>	<i>Kanak</i>	<i>Kanak</i>	<i>Kanak</i>
17	24SD1018	LENSANI	<i>Lensani</i>	<i>Lensani</i>	<i>Lensani</i>	<i>Lensani</i>	<i>Lensani</i>
18	24SD1019	MANISHA M	<i>Manisha</i>	<i>Manisha</i>	<i>Manisha</i>	<i>Manisha</i>	<i>Manisha</i>



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19	24SD1020	MOHAK SINGH	Mohak	Mohak	Mohak	Mohak	Mohak
20	24SD1021	MONALI R GOWDA	Monali	Monali	Monali	Monali	Monali
21	24SD1022	JH NASIR AHMED	Jh	Jh	Jh	Jh	Jh
22	24SD1023	NIDHI KAMBLI	Nidhi	Nidhi	Nidhi	Nidhi	Nidhi
23	24SD1024	OMER TANVEER JAHAGIRDAR	Omer	Omer	Omer	Omer	Omer
24	24SD1025	POOJA G N	Pooja	Pooja	Pooja	Pooja	Pooja
25	24SD1026	POOJA SHREE T S	Pooja	Pooja	Pooja	Pooja	Pooja
26	24SD1027	PRAKRUTHI H GOWDA	Prakruthi	Prakruthi	Prakruthi	Prakruthi	Prakruthi
27	24SD1028	PREETHI N.S	Preethi	Preethi	Preethi	Preethi	Preethi
28	24SD1029	REETHU SHIVARAM	Reethu	Reethu	Reethu	Reethu	Reethu
29	24SD1030	ROSANNE TESSA SEBASTIAN	Rosanne	Rosanne	Rosanne	Rosanne	Rosanne
20	24SD1031	RYAN PHILIP ABRAHAM	Ryan	Ryan	Ryan	Ryan	Ryan
21	24SD1032	SAHANA.S	Sahana	Sahana	Sahana	Sahana	Sahana
32	24SD1033	SHAMUNA KHANUM	Shamuna	Shamuna	Shamuna	Shamuna	Shamuna
33	24SD1034	SHAZIN AHMED	Shazin	Shazin	Shazin	Shazin	Shazin
34	24SD1035	SHILPASHREE L	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa
35	24SD1036	VANDANA.N.G	Vandana	Vandana	Vandana	Vandana	Vandana
36	24SD1037	VENNELA H	Venela	Venela	Venela	Venela	Venela
37	24SD1038	VISHAL GOPANAPALLI	Vishal	Vishal	Vishal	Vishal	Vishal
38	24SD1039	YASHASVI PANDITA	Yashasvi	Yashasvi	Yashasvi	Yashasvi	Yashasvi
39	24SD1040	ZUHA FATHIMA	Zuha	Zuha	Zuha	Zuha	Zuha
40	24SD1011	DHANUSH.D	Dhanush	Dhanush	Dhanush	Dhanush	Dhanush

Dr.Raghavendra Prasad S

HOD department of prosthodontics

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ARN: SSAHE250038

Date: 23/09/2025

PROGRAM SCHEDULE

DATE	PROGRAM	TIME	RESOURCE EXPERT
23/09/2025	Dental Ergonomics : Lecture and video demonstrations	9-4 PM	Dr.Raghavendra Prasad.S
24/09/2025	Dental Ergonomics : Demonstration and hands-on exercises on Typhodont models	9-4 PM	Dr.chetana.K
25/09/2025	Dental Ergonomics : Demonstration on patients	9-4 PM	Dr.Padmaja, Dr.neelanjali
26/09/2025	Dental Ergonomics : Demonstration on patients	9-4 PM	Dr.Anusha, Dr.Sharon,
27/09/2025	Dental Ergonomics: Ergonomic principles for pre-clinical lab	9-4 PM	Dr.Ruyina Asma

Signature of HOD

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