



SRI SIDDHARTHA ACADEMY OF HIGHER EDUCATION

(Deemed to be University Declared under Section 3 of the UGC Act, 1956)

Accredited 'A+' Grade by NAAC

SRI SIDDHARTHA DENTAL COLLEGE & HOSPITAL

Agalakote, B.H. Road, Tumkur - 572107, Karnataka

Recognised by Dental Council of India, New Delhi

A Constituent College of Sri Siddhartha Academy of Higher Education (Deemed to be University)

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Date: 24/06/2026

NSS COMMITTEE

REPORT ON

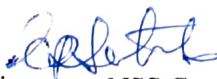
INTERNATIONAL YOGA DAY CELEBRATION 2026

A Guest lecture on yoga followed by pranayama and yogasanas by Mr. Kumar Simha, was organized by the NSS committee, on the occasion of international yoga day celebration 2026 on 21/06/2026. The Resource persons for the programme were Mr. Kumar Simha and Dr. Gauthami

The Lecture on Yoga particularly information on how to master the emotions was delivered by Mr. Kumar Simha for staff and students followed by demonstration of few yogasanas and pranayama's to staff and students. The Programme was well attended by all the faculty and students and appreciated.

Lastly the event ended by honoring the guest speaker with a certificate & token of appreciation by our Principal Dr. Praveen B Kudva.




Chairperson, NSS Committee
(Dr. Sateesh C P)


IQAC Chairperson /Principal
(Dr. Praveen B Kudva)

