

# Innovative School Health Education Programme in Sri Siddhartha University

## A REPORT

One day School Health Programme on communicable diseases was inaugurated by the Hon'ble Vice-Chancellor of Sri Siddhartha University Dr. P. Balakrishna Shetty on 23<sup>rd</sup> January 2014 at Sri Nagarjuna Seminar Hall, Hospital Block, SSMC Campus, Tumkur. About 250 students along with their teachers attended the programme. The Programme was organized by Department of Community Medicine under the guidance of Dr. M.S. Rajanna, HOD of Comm. Medicine, SSMC.

Dr.P. Balakrishna Shetty, Vice-Chancellor introduced an innovative teaching methodology called "**Question First – Teach Next**" for the school children. This methodology will help the teachers to understand the basic knowledge of students before educating them.



Dr. M.S. Rajanna, Professor & Head department of Community Medicine, delivered an educative lecture on "PERSONAL HYGIENE, INFECTIOUS and PARASITIC DISEASES" with examples of communicable and, non-communicable diseases. He also narrated interesting story of Basakka who died due to poverty, illiteracy and ignorance. Diseases discussed were



Diphtheria,  
Whooping  
cough, Tetanus,  
Hepatitis (A & B), Food  
poisoning, Hook  
worm & Round  
worm, Dengue,  
Chinkungunya  
and Malaria.

Benefit of Penta-valent vaccine, polio, Measles, Mumps, Chicken pox and were discussed.



At the end HOD educated female students about menstrual hygiene

**FEEDBACK:** - We got appreciation from all students and staff, and then the Head Mistress of that school requested us to conduct such education educative sessions at least once a year.



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